

Hamburger Cheer

Pretend to make a hamburger patty by patting your palms together. Stick out your right hand as if placing a hamburger on a skillet. Make a sizzling sound and say, "Is it done?" Turn your hand over and say, "Not yet." Repeat twice. After the third "Is it done," give a thumbs-up and say, "Well done!"



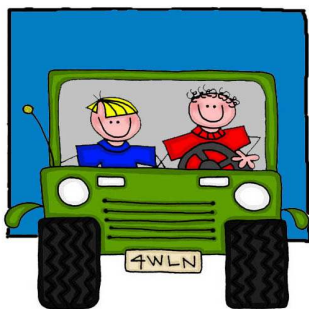
Firecracker



Hold your palms together in front of you as if praying. Make a sizzling sound (Ssssss) as you wiggle your palms up in the air like a firecracker going off. Clap them above your head, then wiggle your fingers around and down like the sparkles coming from a firecracker. Make an "Ahhhhh" sound like a crowd watching a firecracker go off. Do a GIANT firecracker, a medium-sized firecracker, and a tiny firecracker.

Trucker Cheer

Tell children: "Grab your steering wheel." Make a "rrrrr" sound as you pretend to steer. Put fist in the air and say "Honk honk" as if pulling a horn. Next, put fist by mouth like it's a CB radio and say, "Good job, good buddy."



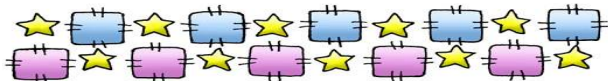
Rattlesnake Cheer

Put palms together then wiggle them in front of you as you make a hissing (Ssssss) sound. Quickly stick your tongue in and out like a snake.



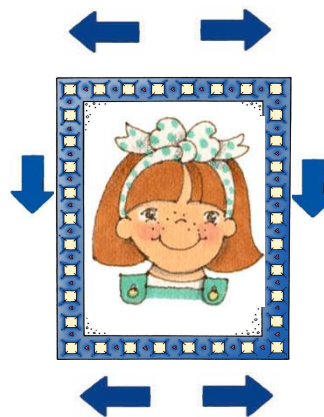
Catch a Star

Tell children to think of something kind they did, something new they learned, or something that made them feel proud. Tell them: "Reach up (stretch hand up in the air), grab a star (pretend to grab a star), and put it in your heart (put your hand near your heart)." This works well as a cheer for the end of the day before children go home.

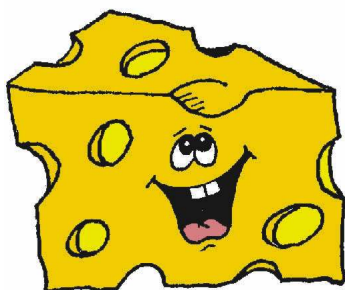


Lookin' Good

To compliment a child say, "You are ..." (make a clicking noise as you make a pretend mirror around your face and fluff your hair), "... lookin' good!"



Cheese and Grater



Hold up your left palm as you say, "Here's the grater." Make a fist with your right hand and hold it up and say, "Here's the cheese." Pretend to scrape the cheese on the grater as you say, "You're great, great, great!"

Saturday Night Fever

Extend your right index finger in the air to the left of your body. Put your left hand on your hip. Move your right finger from the air to your side as you sing, "Ah, ah, ah, ah, we did a good job, we did a good job," (to the tune of "Stayin' Alive").

